

## 4-H Pledge

I pledge

My **Head** to clearer thinking, My **Heart** to greater loyalty

My **Hands** to larger service, My **Health** to better living

for my club, my community, my country & my world

## Top 5 Reasons to join 4-H

Develop skills to succeed

Make new friends

Be a leader

Have FUN!

GROW

## Top 5 Reasons to be a 4-H Volunteer

Share my knowledge and talents

Spend time with my family

Have FUN!

Watch youth GROW

Build a better tomorrow



**Texas A&M AgriLife Extension Service**  
**Cherrie Cutis, County 4-H Coordinator**  
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## Club Manager Contact Information:

### **West Bowie 4-H Community Club**

Jamie Baldwin

Jamie@paradise-acres.com

### **Eylau Community 4-H Club**

Becky Fellers

bfellers1959@gmail.com

### **Pleasant Hill 4-H Club**

Faith Ellis

howdy@longwalkspring.com

We have several project clubs that meet throughout the year . . .

4-H Life Skills Project Club; Outdoor Living Project Club; Shooting Sports Project Clubs led by 4-H certified coaches; Robotics Project; Forestry & Wildlife Projects; Photography Project; Livestock Booster Club

email Cherrie - cc-curtis@tamu.edu - to find out more

Website:

[www.4htoday.com](http://www.4htoday.com)

Facebook:

Bowie County 4-H

Eylau Community 4-H Club

West Bowie County 4-H

Bowie County Pistol Club

Bowie County 4-H Shotgun Shooting Sports



# Bowie County



## 4-H GROWS

**Courage & Confidence**

**Self-Esteem & Resilience**

**Character & Curiosity**

**Leaders & Success**

**Opportunities**



TEXAS A&M  
**AGRI LIFE**  
EXTENSION



PRAIRIE VIEW  
A&M UNIVERSITY  
COLLEGE OF AGRICULTURE  
AND HUMAN SCIENCES



Cooperative Extension Program

## Come Join the Fun!

The face of 4-H is as diverse as the activities offered. You can GROW in many fun & exciting in project areas like Shooting Sports (archery, pistol, rifle & shotgun), Photography, Beef Cattle, Wildlife, Foods & Nutrition, Science Engineering & Technology and Veterinary Science! There are opportunities to GROW in leadership and giving back to your community. Youth develop life skills, confidence and character.

## Who Can Join?

Youth ages 8 & in the 3rd grade through the 12th grade by September 1st. Youth 5 to 8 years of age can join as Clover Kids.

## What Does It Cost to Join?

4-H membership is \$25 September 1st through October 31st. On November 1st the fee goes to \$30. Clover Kid enrollment is FREE!

## How Do I Join the Fun?

Call your county Extension office or log on to 4-HConnect - <http://texas.4honline.com>

## 4-H Needs Volunteers Too!

Nearly 600,000 adults and teenagers from across the United States are volunteer leaders. Volunteer leaders are adults or teenagers who are interested in and willing to share their time and skills with youth. Think you might want to be a volunteer leader? Are you interested in helping kids learn, explore and grow? A few hours of your time is all that is required!

The Bowie County staff will provide you with training and support to make your role as a 4-H volunteer easy and rewarding.

## What will 4-H GROW in you?



# Did You Know?

- 4-H started in 1902 (1908 in Texas)
- The 4 "H" 's stand for Head, Heart, Hands & Health
- 4-H members are 50% less likely than non-4-H members to smoke, shoplift or use illegal drugs
- 4-H members are 20% more likely to hold a leadership position than non-4-H members
- 4-H members are 20% more likely to be involved in helping others than non-4-H members
- 40% of 4-H Alumni have completed a college degree, compared to 28% nationwide

Anyone needing special assistance at an Extension program should contact the Texas A&M AgriLife Extension Office at 903-628-6702 at least one week prior to the program or event.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

A member of The Texas A&M University System and its statewide Agriculture Program