

Interested in learning more about cooking with Diabetes?



Participants must pre-register
by calling
870-779-3609

For questions, contact Courtney
Davis at 903-628-6702 or by
email at cmdavis@ag.tamu.edu

**Join us for a fun,
hands-on cooking class that will
teach you how to enjoy the foods
you love by making a few
substitutions.**

**Classes will be held on
Friday, February 3, 10, 17 and
March 23**

9:30—12:00 noon

First Presbyterian Church

516 Pecan

Texarkana, AR 71854

\$40 per person or

\$50 for couples

*Educational programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin. The Extension Office will seek to provide reasonable accommodations for all persons with disabilities for all meetings. Persons with disabilities planning to attend should contact the Extension Office at least one week in advance of the event to advise them of the auxiliary aid or services required.

